

Emery's Catering



(401) 732-7683

www.Inflightfood.com

www.EmerysCatering.com

Continental Breakfast

Breakfast Breads Tray

Assorted Breads, Seasonal Fruit Salad,
Assorted Jams & Butter.

Bagel Breakfast Tray

Assorted Bagels, Fruit Salad, Assorted Jams,
Cream Cheese, and Butter.

Healthy Cereal Breakfast Tray

Cereal, Seasonal Fruit Salad, Greek Yogurt,
Mini Breakfast Bread and 2 % Milk, and Jam.

Lox and Bagel Tray

Bagels, Smoked Salmon, Diced Egg, Capers,
Sliced Tomatoes and Onion.



Hot Breakfast

The Big Breakfast

Ham, Sausage *or* Bacon, Fried Eggs *or*
Scramble Eggs, Home Fries, Fruit Salad
and Greek Yogurt.

Pancake Breakfast

Pancakes, Maple Syrup, Ham, Sausage *or*
Bacon, Home fries, Fresh Fruit Salad
and Greek Yogurt.

French Toast Breakfast

French Toast, Maple Syrup, Ham, Sausage *or*
Bacon, Home Fries, Fresh Fruit Salad and
Greek Yogurt.

Omelet Breakfast

3 Egg Omelet with choice of fillings,
as well as, Ham, Sausage *or* Bacon, Home
Fries, Fresh Fruit Salad and Greek Yogurt.

Hot Box Breakfast

Eggs & Cheese on a Croissant

Choice of Ham, Sausage *or* Bacon, Home Fries, Fresh Fruit Salad and Greek Yogurt.

Mexican Breakfast Burrito

White Wrap with Scramble Eggs, Onion, Peppers, Sausage, Mexican Cheeses, and a side of Salsa. With Yogurt and Fresh Fruit Salad.

A La Carte

Apple or Cran-apple Juice

Premium Orange Juice

Seasonal Fruit Bowl

Yogurt & Berries Bowl



Breakfast Platters

Muffins, Danish and Bagel Platter

Pastry Bread Platter

Cheese and Grape Platter

Seasonal Fresh Sliced Fruit

Appetizers

Hummus and Pita Tray

Tortilla Chips and Salsa

Fresh Cut Vegetable Crudité

Fresh Sliced Fruit Tray

Assorted Domestic Cheese & Crackers

Assorted Imported Cheese & Crackers

Mezza Tray

Miniature Deli Sandwich Tray

Chicken Tenders (Fried or Grilled)

Lox & Bagel Tray

Shrimp Cocktail

Seafood Tray (Lobster tails, Shrimp, Crab, Smoked Salmon)

Gluten Free Options Available

Dinner Size Salad

Garden Salad

Caesar Salad

Greek Salad

Antipasto Salad

Asian Salad

Chef Salad

Quinoa and Vegetable Salad

Salad Add-ons

Grilled Chicken

Shrimp

Salmon

Filet Mignon



Soups

Vegetable

Chicken and Rice

Butternut Squash

Loaded Potato

New England Clam Chowder

Entrees

Italian Grilled Chicken

Plain Grilled Chicken

Beef, Chicken or Shrimp Kabobs over Rice

Chicken Parmesan

Chicken Piccata

Pan Seared Breast of Chicken With a Mushroom Demi-Glace

Meat or Cheese Lasagna

Shrimp Scampi

Shrimp Francaise

Steak Tips

Sirloin Steak

Filet Mignon

Combos

Grilled Chicken and Beef

Salmon (Grilled or Baked) and Shrimp

Beef and Shrimp

All Meals Served with Salad, Rolls & Butter, Vegetable of the Day, Starch, and Dessert

Sandwich Box Lunch or Tray

Protein Choices

Chicken Salad	Tuna Salad
Roast Beef	Egg Salad
Seafood Salad	Baked Ham
Turkey	Grilled Chicken

Bread Choice

100% Wheat	Rye
Marble Bread	Ciabatta
Bulkie Roll	Wrap

Includes

Garden Salad	Fruit Salad
Chips	Dessert
All Condiments	

Children's Meal

Chicken Fingers with French Fries or
Potato

Grilled Cheese and French Fries

Peanut Butter and Jelly on White Bread

*All served with Whole Fruit,
Cookie, and Fun Size Candy Bar*



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Roast Beef	Egg Salad
Seafood Salad	Baked Ham
Turkey	Grilled Chicken

Bread Choice

100% Wheat	Rye
Marble Bread	Ciabatta
Bulkie Roll	Wrap

Includes

Garden Salad	Fruit Salad
Chips	Dessert
All Condiments	Mini Candy Bar
Cheese and Crackers	

Dessert

Assorted Cookie Tray

Brownie Tray

Assorted Mini Pastry (2)

Brownie and Cookie Tray

Chocolate Covered Strawberries (3)

Cheesecake with Fresh Strawberries

- Thank you for choosing Emery's Catering